



Helen Kay Lynch

November 25, 1951 - May 12, 2022

Helen Kay Lynch, 70, of Lanexa, Va. went to be with her Lord and savior on May 12, 2022. Helen grew up in North Dakota, but has always enjoyed new adventures. At the age of 18 she got in her Mustang and drove to California. Helen continued to spread her wings and ended up moving several times across the United States. She would ultimately land in Virginia, eventually settling into retirement alongside her husband, Randy. Prior to retirement Helen worked as a hospital nurse and provided home health care to children with disabilities. She also managed a company providing in-home supports to both adults and children with disabilities. Helen loved spending time with her family, especially her grandchildren. She had a love for all animals, particularly dogs.

Helen was preceded in death by her parents, John and Eleanor Gutschmidt; a sister, Suzy Levitt; and her first husband, David Joy.

She is survived by her loving husband, Randall "Randy" Lynch; her daughter, Selena Layden (Jonathan); a brother, Art Gutschmidt (Marilyn); a sister, Joan Smith (Jim); 10 grandchildren, Benjamin, Jacob, Preston, Ireland, Brayden, McKenzie, Ryan, Reagan, Ryan, Roland; and three step-daughters, Amber Oliver (Steven), Tiffany Elkins (Ricky), Sara Stainback (Nick).

A funeral service will be held at 1:30pm on Thursday, May 19 at Tsena Commocko Baptist Church; 2401 Tsena Rd. Providence Forge, Va. 23140, with burial immediately following at Washington Memorial Park.

In lieu of flowers, memorial donations can be made to the New Kent Humane Society at www.newkenthumane.org/donate. By mail/check: New Kent Humane Society, Inc. P.O. Box 104, Providence Forge, VA 23140 or to the Tesena Commocko Baptist Church.

Cemetery Details

Washington Memorial Park

6217 Memorial Drive
Sandston, VA 23150
<http://www.washingtonmemorialparkva.com/>

Previous Events

Funeral Service

MAY 19. 1:30 PM (ET)

Tsena Commocko Baptist Church
2301 Tsena Road
Providence Forge, VA 23140

Tribute Wall

KB

“ *Selena and family,
I am very sorry for your loss. I have many fond memories of your mom and I hope your memories will provide comfort in the difficult days ahead.
Kristin, Michael, and Peter Joseph*

Kristin Bolam - May 19 at 10:32 PM

DS

“ *So sorry for your loss, Randy and Selena. May she fly now with wings of eagles. Helen and I grew up a block apart and she was closest to my age of the cousins so we hung out together as kids. What a mischief-maker. She enjoyed soaking my Thanksgiving plate in cranberry juice, knowing how much I disliked it. And that was just for starters. She is gone now and it hits me hard, but she is fondly remembered.*

Diane Stockman - May 17 at 12:33 AM

KT

*I am Diane's sister but one year older than Helen. We were close as children and teenagers but eventually traveled separate paths. I fondly remember our huge family gatherings at Grandma Stockman's, especially on Christmas Eve. We also worked together at the Dairy Queen which her parents owned. I remember us sneaking into Suzy's room to listen to her 45 rpm records when Suzy wasn't home! We loved rock and roll music but didn't have any money to buy records!
God bless her memory and comfort you, her family, as you grieve her passing.*

Kristine Tank - May 17 at 09:22 AM