



## Paul Russell McMillan

February 22, 1953 - February 2, 2020

Who better to talk about me than me?

I lost my battle with cancer on February 2nd, 2020 after putting up a good fight for almost a year.

I was born in Tifton, Georgia in 1953 and grew up in Virginia Beach before moving to Winston-Salem, North Carolina. I was preceded in death by my parents, Mary Helen McMillan and Raymond McMillan, and my brother, Randy McMillan. I went to Elon University on a football scholarship and was the president of ITK Fraternity.

I was the owner of Cardinal Transportation in Richmond for more than 35 years. Upon retirement, I became the social coordinator at Ed Allen's Campground, Lanexa, where I met many good friends that became family to me. Brock and Whitney, no one was more proud of you than I was. I mean that.

To my wife, Robin, I can never thank you enough for always taking care of me and everyone else. 40+ years. I love you and I will roll out the red carpet when it's your time to join me.

To my 3 kids, Robert, Whitney & Brock- My most proud moments came from being your dad and father-in-law. I am most proud that I traveled all over to watch you on the mat and cheering on the court. I never missed a single one. Go ODU!!! Always take care of your mother. Work hard. Play hard. Family first.

Most importantly, my reason for battling cancer, my grandkids. To BA, Kennedy and Jacob- Live life to the fullest. Remember I am always watching over you. I love you with everything I am.

To my many close friends, I thank you for the laughs & good times.

In closing, my motto to live your life by: Life's journey is not to arrive at the grave in a well preserved body but rather to skid sideways, totally worn out, shouting "HOLY SHIT-WHAT A RIDE!" I did just that.

Take care. I'll see ya. #RM

Per Rusty's final wishes, in lieu of flowers, he asks that donations be made in his name to EL & EM COMMUNITY FELLOWSHIP, Atlantic Union Bank or be mailed to 19333 Gray Road, Yale, VA, 23897.

On behalf of the McMillan family, we would like to thank everyone for all of the prayers and support during Rusty's cancer journey. We would especially like to thank his favorite nurse, Jen, who was always there for him/us along the way.

He had left specific instructions for a "going away" party that will take place in the spring at Ed Allen's. In true Rusty fashion, he requested a party over a funeral or any formal proceedings. More information will be posted at a later date.

# Comments

---



“ Rusty will be missed. He was the friend everyone wants in their life. Robin our thoughts and prayers are with you and your family. Anything we can do please let us know. Again so sorry for your loss.  
Kevin and pam Vickery

**Pam Vickery** - February 13 at 11:04 AM

---



“ At the beginning of our fall semester ( 1974 ) at Elon, Rusty and I were heading to a outdoor party behind the new dorm by the lake on campus. As we were walking Rusty noticed someone and in his usual fashion, he made it over to speak to this beautiful olive complexion, newly transferred in student from Virginia named Robin!! It was from that day that a beautiful relationship developed. Totally committed to each other and what a beautiful family they raised. Once upon a time in Elon University where it all began!

**Tommy Meletis** - February 12 at 03:40 PM

---



“ Sorry to hear about Rusty, his booming laugh and voice will be missed.  
Alan Files

**Alan Files** - February 06 at 09:53 AM

---



“ You will truly be missed. What you meant/mean to Bob and I will stay with us forever. We enjoyed always spending time with you and Robin and the laughs we shared. You left such a huge impact on so many people; that is a gift that few people have. You will always be with us and the stories that we and many others will share for years to come. We never know what life has in store for us or when it ends. We cherish the time we had with you and we will continue to make memories with Robin, Whitney, Brock, BA and Kennedy.  
With much love until we see you again.  
Bob and Laurie Kassenoff

**Laurie Kassenoff** - February 05 at 01:01 PM

---



“ Rusty, my wife, and my church family bonded in a truly divine manner. I say that because I can't describe the connection in my own words any other way. I immediately loved him and he genuinely loved us. I keep asking why, but I'm coming to the realization that God intended it that way and I'm actually looking forward to the greater plan that He has even in this situation.



Leon Dillard Sr. - February 05 at 12:28 PM

---



“ You will truly be missed by a lot of people but I would say I am one of the luckiest to be able to call you my father-in-law. There are no words that can describe what you meant to me. The laughs, road trips, conversations, golf cart rides, mentoring and advice of being a business owner, down to when 5 o'clock came at the campground and I was still working, I could always look up and see you coming in the golf cart bringing me a cold Yeti cup. Those are just a fraction of the things I'm going to miss. I see a lot of you in BA and I hope that never changes in him. You were such a huge part of my kids life and I wish you were here to watch them grow up. Thanks for always being there for my family no matter what the situation was.

Rest easy knowing I will keep my promise that I gave you the day I asked for your daughters hand in marriage...I will do whatever it takes to take care of Robin, Whitney, BA, and Kennedy. I wish I could have one more conversation with you, but I know there is no more pain and you are watching over us now. One last thing...Keep George under control for me up there.

Fly high my man, fly high!  
I'll see ya!

Brock - February 05 at 11:04 AM

---



“ Besides being roommates at Elon, we spent the summer of 1974 cooking seafood in Calabash, NC. One night, Rusty had a date and at the end of the evening as he pulled up to her hotel, he noticed a guy breaking into a Coke machine. Rusty asked his date to stay in the car as he ran over and surprised the thief, stopping him in his tracks and holding him there until the police arrived to lock him up! The owner of the hotel was so happy with Rusty as this situation had happened a few times before.

Tommy Meletis - February 05 at 12:06 AM



“ Wow what a good man. Never a dull moment in Rusty's presence. We were frat brothers and still are.. He always was smiling... When he found Robin.. they both were lucky.. One of the best guys I've ever known.. One regret we didn't connect after we left Elon.. Until we meet up again.. you will be missed..

**Steve Milligan** - February 05 at 11:44 AM

---



“ My sincerest condolences to the McMillan family. I was one of several he employed at Bekins/Cardinal in the late 90s... good times and good money! He took care of us and I've always appreciated that!!! -Tommy C.

**Tommy** - February 04 at 08:34 PM

---



“ He gave me and four of my friends one of our first jobs at Bekins in 1997, which helped me to save enough money to make it through my freshman year at VT. He always had something positive to say and a smile on his face. He also routinely came out into the warehouse to joke with us and share how much he appreciated our work. Much love and prayers to the family.

**Nate Varnier** - February 04 at 08:16 PM

---



“ To the McMillan Family, I am sorry for your loss, and I want you to know that I will be praying for strength, peace, and comfort for you and your family. Words fall short of expressing my sorrow. Your family is surrounded by the love of many.

**Karen P. Disse** - February 04 at 05:55 PM

---



“ 1 file added to the album Memories Album



**Thomas Clark** - February 04 at 04:00 PM



“ You were a wonderful person, Rusty! Thank you for your friendship!

**Thomas** - February 04 at 04:02 PM



“ Best picture ever!!! I believe this was taken before Tom got “lost”- per Rusty’s story!!!!!!

**robin mcmillan** - February 04 at 10:27 PM

---



“ It was a privilege to know and share friendship with the McMillan family. Rusty was fun, generous, loving and always supported the underdog. He made sure that the children around him were special no matter their skill or talent. You always felt welcome in his home and he was always ready to lend a hand if you needed something. What a great friend! We are so sad you are no longer with us! You are one of the BEST! The Lewis Family

**Norma Lewis** - February 04 at 04:00 PM

---



“ Losing a friend we loved like a brother is not easy. But knowing that we have been able to be a part of his life, we realize that we are blessed to have been able to share in his life. It has been such a blessing to have Rusty and the McMillan’s a big part of my entire adult life. There are so many fond memories! The New Kent community has lost a great man and I have lost a true friend. He was loved and respected by many people. He will always hold a special place in my heart and my families too! Rusty put up a courageous fight, but now he is at peace. Sandra and I will dearly miss him. Robin, Robert, Whitney, Brock, and family, he is in presence of God. May the Lord bless him and all of you during this time of grief. Just know that you are surrounded by people that love and care for you, if there is anything Sandra or I can do, we will not hesitate being there for you. Rusty, my dear friend, rest in peace! Fil Bondurant

**Fil & Sandra Bondurant** - February 04 at 03:35 PM

---



“ 1 file added to the album Memories Album



**chandra Seidnitzer** - February 04 at 02:58 PM



“ Rusty will never be forgotten. He made us a part of his family, loved my boys like his own. I am honored that we got to know him and spend time with him. We love you Whitney and Robin.

**Chandra Seidnitzer** - February 04 at 02:55 PM



“ To be absent in the body is to be present with the Lord;

There is no doubt in my mind where Rusty is residing today as I write this. My wife and I have not known him as long as many of you have but to know him is to love him and he always made everyone feel like a part of his family. We are saddened by his departure but glorious in the knowledge that he is with our Lord and Savior and will be for eternity. May God bless and give comfort and peace to his family in this difficult and sad time.

**Jim Avera** - February 04 at 06:57 PM